

2.2 Characteristics of Successful Mentoring Relationships

The following list of characteristics contributes to successful mentoring relationships.

Mentor	Mentee	Both
Allocates time and energy to meeting with the mentee	Is considerate of the mentors time	Respectful during this process and if the chemistry is not positive for either party contact the co-leads.
Displays an optimistic perspective	Has efficient interactions	Are persistent
Has a realistic self-view	Takes self seriously	Evaluate past mistakes and look for opportunities
Conveys a winning attitude	Sets and clarifies goals	Are accountable for own actions
Has a clear vision and sense of purpose	Sets realistic expectations	Seek challenges
Is deeply connected	Expects success	Enlist help
Is an active listener	Willing to learn and share	Find resources
Is a diligent observer	Is career committed and competent	
Acts as a guide	Is willing to receive effective feedback	
Is a motivator	Shares in motivating the relationship	
Is a role model		
Opens doors		
Is competent		
Has personal confidence		
Commits to the development of others		

This list is not inclusive; it provides a good starting point for the mentor to think about the mentoring relationship.