

## 4.2 Current Role — Discussion Starters

### Try This!

To start a discussion with your mentee, you may want to ask one or several of the following questions and/or use any of the tools in this section.

1. Tell me how things are going.
2. Tell me about what you did yesterday at work.
3. What was your favorite part of work yesterday? Why?
4. Who in your family or among your friends has the most interesting job? What about the most boring? Why do you feel this way?
5. Is there a job or career that you would really like to have at the organization you are at or at another hospital? Tell me why this job is intriguing to you.\*
6. What three things are most important for you in a job or career? Why?
7. Does your organization have formal values they abide by? If so, what are they? Which value can you most strongly relate to? Why?
8. Given your role, what part of your work adds the most value?
9. What do you enjoy in your work?
10. Do you have the tools (for example enough blood pressure cuffs) to do your job? What tools would be helpful for you to have?
11. Describe what empowerment means to you at work. Tell me one or two examples of when you have felt empowered at work or at home.
12. Who has *the power* in your work environment? Why?

\* This question also is listed under the Career Development section. It can be a good question to ask early, especially if the mentee is not able to talk much about his or her current role. This also is a good question to help clarify the mentee's goals.