



### 3.5 Definition of a Mentor Worksheet

#### Try This!

Check the box that reflects your perceptions of a mentor and discuss traits that are not associated with mentors. Please note that there are no right or wrong answers.

#### A mentor ...

	Yes	No	Maybe	Comments
is a coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a friend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a teacher	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is my supervisor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is my preceptor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is an advisor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is my boss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a trainer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a supporter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a counselor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a cheerleader	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
evaluates me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
encourages me to develop to my full potential	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
helps me develop my vision for the future	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a trusted guide	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a role model	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
works in my area of expertise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
is a motivator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Traits of a Good Mentor:

Traits not Associated with a Mentor: